# News Release

**For Immediate Release**

## Respiratory Illness on the Rise Across Nunavut

**Iqaluit, Nunavut (December 15, 2022)** – With the rise of respiratory illnesses across the country, the Government of Nunavut wants to remind Nunavummiut of actions they can take to stay safe over the holidays.

"COVID-19 is still a threat, and with flu and other respiratory illnesses on the rise, Nunavummiut must take steps to protect themselves and their communities," said Minister of Health John Main. "Please celebrate this holiday season with your friends, family and loved ones safely. Avoid gatherings if you're feeling sick. Wear a mask in crowded indoor settings. Use rapid COVID-19 tests if possible and call the COVID-19 hotline if you test positive. And of course, vaccines provide the best protection against serious illness and hospitalization from flu and COVID-19. I encourage all Nunavummiut to get vaccinated for both COVID-19 and the flu."

All Nunavummiut six months and older are eligible for both influenza and COVID-19 vaccinations. Appointments for flu and COVID-19 shots can be made at community health centres or public health units.

For more information about your local health centers, please visit https://www.gov.nu.ca/health/information/health-centres.

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